Tracing carbon and nitrogen incorporation and pathways in the microbial community of a photic subtidal sand

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ABSTRACT: The pathways and fate of C and N in the microbial compartment of a coastal permeable sandy sediment in the photic zone were studied in a pulse-chase experiment. 13C-bicarbonate and 15N-nitrate were added to the water column on top of 5 sediment cores incubated in 4 transparent and 1 opaque laboratory chambers. After 9 h of labelling in the light and dark, stable isotope incorporation by microphytobenthos (MPB) and bacteria was quantified over a period of 4 d through the analysis of phospholipid-derived fatty acids (PLFA) and hydrolysable amino acids (HAA). 13C was fixed by MPB, and more than 50% was directed to the production of extracellular polymeric substance (EPS). MPB 15N incorporation was similar in the dark and in the light. Bacterial activity appeared to have 2 effects that depended on sediment depth: at the sediment surface, there was a steady increase of label in the bacterial PLFA, suggesting metabolism of label-containing EPS; in the subsurface layers, uniform enrichment started immediately after the labelling procedure, indicating continuous incorporation of inorganic C by chemoautotrophic bacteria (Cbac). This experiment demonstrates the efficient transfer of inorganic C and N to the benthic community through the activities of photo- and chemoautotrophic microorganisms, and the role of EPS as a carrier of energy to the benthic microbial food web.

KEY WORDS: Microphytobenthos · Cyanobacteria · EPS · PLFA · Biomarkers · Amino acids · Chemoautotrophy · Permeable sediment · 15N · 13C · Stable isotopes · Nitrate

INTRODUCTION

Coastal sediments have traditionally been considered donor-controlled ecosystems in which supplied detritus of variable quality is mineralised. During the last 2 decades, there has been a growing awareness that primary production by microphytobenthos (MPB) can contribute significantly to organic C production (MacIntyre et al. 1996) and moderate sediment C flows in the coastal zone (Middelburg et al. 2000). This key role of MPB in coastal primary production and benthic C flows has been documented particularly in intertidal flats that receive abundant light during exposure (MacIntyre et al. 1996, Underwood & Kromkamp 1999). Recently, Gattuso et al. (2006) suggested that net benthic primary production may take place on more than 33% of the global shelf area. This implies that the contribution of MPB to the global C cycle may have been underestimated until now.

Subtidal sediments in the photic zone typically show 3 major metabolic pathways: phototrophy, heterotrophy and chemoautotrophy. Phototrophy primarily concerns CO₂ fixation by benthic microalgae (BMA) and cyanobacteria, the 2 major components of the MPB
(Fig. 1). In the surface layer, MPB often represents the most important component in terms of biomass and turnover and modulates C and N transfer across the sediment–water interface (Macintyre et al. 1996, Sundback et al. 1996). Although C fixation and N assimilation are often closely related to the buildup of biomass, a large part of the C fixed may be diverted to synthesis of extracellular polymeric substances (EPS) that can account for a large fraction of organic C present in the sediment (Smith & Underwood 1998, Goto et al. 1999, Wieland et al. 2008). The second major pathway is heterotrophy: the utilisation of detritus, MPB, EPS and other organic substrates by heterotrophic bacteria (Hbac), meiofauna and macrofauna. Heterotrophic benthic organisms produce new biomass (secondary production) and govern mineralization of organic matter. The third metabolic pathway is chemoautotrophy: the fixation of CO2 using the energy released upon oxidation of reduced inorganic compounds. This topic has received limited attention in the literature, yet it may constitute a significant pathway close to redox boundaries (Kristensen & Hansen 1995, Thomsen & Kristensen 1997).

Although the biological importance of subtidal permeable sediments was recognized decades ago (Riedl et al. 1972), these systems remain poorly documented. In contrast to fine grained sediments, which are characterised by large stocks of organic matter, permeable sediments have long been wrongly considered as biogeochemically limited (Boudreau et al. 2001) because of their low pore water nutrient concentrations and low organic C contents. Nevertheless, recent studies have highlighted the biogeochemical importance of permeable sediments, where interfacial water flow strongly facilitates pore water and organic matter exchange between the sediment and the water column, thus enhancing organic matter supply to the sands and remineralization (Huettel & Gust 1992a,b, Huettel et al. 1996, Huettel & Rusch 2000, Rusch & Huettel 2000, Precht & Huettel 2003). Advective pore water flow allows reactive compounds to be transported more efficiently into the sediment, making them available to the bacterial community attached to the sand grains (Rusch et al. 2001, Franke et al. 2006), thus conferring these sediments with important biocatalytic filter properties (Huettel et al. 2003, Ehrenhauser et al. 2004). The low C content of sandy, permeable sediments is not a consequence of sediment inactivity but rather of high organic C turnover (Boudreau et al. 2001, Dauwe et al. 2001, de Beer et al. 2005), which in turn may have an important influence on the overall oceanic C cycle (Shum & Sundby 1996).

Sandy sediments cover about 70 % of the continental shelf (Emery 1968) and a substantial part of these sediments receive enough light to sustain primary production (Jahnke et al. 2000, Gattuso et al. 2006). Thus, these sands may contribute significantly to the shelf and global C cycles. Therefore, quantitative data on the flow of C within subtidal permeable sediments inhabited by MPB in which phototrophic, heterotrophic and chemoautotrophic pathways co-occur are of great interest, for example as input data for coastal and global models of C and nutrient cycles.

In the present study, we followed the fate of fixed C and assimilated N through the benthic microbial compartment after a deliberate tracer addition of 13C-bicarbonate and 15N-nitrate to sediment cores. Through the use of stable isotopes and microbial biomarker techniques involving phospholipid-derived fatty acids (Middelburg et al. 2000, Boschker & Middelburg 2002, Boschker et al. 2005) and hydrolysable amino acids (HAA), including the bacterial biomarker D-alanine (Veuger et al. 2005), we can follow the fate of C and N within the different microbial components. The objective was to determine the pathways and conversion rates of C and N contained in the biomass and exudates of autotrophic benthic organisms inhabiting subtidal photic permeable sands. Moreover, we assessed the relative contributions of the different metabolic pathways and the differential fate of C and N.

### MATERIALS AND METHODS

**Study site.** The research was carried out in List, on the Island of Sylt (Germany) in July 2004. The sampling site, the Hausstrand, was situated south of List Harbour close to a site studied earlier by de Beer et al. (2005).
The area is exposed to the east and strongly influenced by wind-driven waves and north–south tidal currents parallel to the shore. Water depth at the sampling site ranged between 0.5 and 2.5 m, depending on the tidal amplitude, and the salinity between 27.5 and 31 for spring and summer, respectively (Hedtkamp 2005). The sediment is composed of silicate sand with a median grain size of 350 µm (M. Huettel unpubl. data), a porosity of 0.42 and an organic C content of ~0.2% (250 g C m⁻²) (Evrard 2007).

**Incubation experiment.** Five transparent and 1 opaque acrylic cylinders (19 cm inner diameter × 33 cm high) were used to sample a set of 6 sediment cores with their overlying water. At the time of sampling, the water depth was approximately 1.5 m. The cores (approximately 15 cm of sediment and 18 cm of overlying seawater) were immediately transferred to the laboratory, where the cylinders were closed with acrylic lids. Each lid carried an electric motor that propelled a 15 cm diameter horizontal rotating disc that stirred the water column at 15 cm above the sediment–water interface. The motor maintained an electronically controlled angular velocity of 40 rpm, which generated a pressure gradient of 1.9 Pa (~0.2 Pa cm⁻¹) between the circumference and the centre of the sediment surface. This pressure gradient corresponds to the gradient produced by slow bottom currents (~10 cm s⁻¹) interacting with sediment ripple topography (15 mm ripple amplitude) as were typical for the study site during our investigations. The pressure gradient forces water through the upper layer of the permeable sand, entering the sediment at the ripple troughs and emerging at the ripple crests. In the chamber, the water enters the sediment near the chamber wall and emerges from the centre of the core. These laboratory-generated advective flows through the permeable beds are a prerequisite for ecologically relevant incubations. The functioning and deployment of these chambers has been described in detail by Huettel & Gust (1992b), Huettel et al. (1996) and Janssen et al. (2005a,b).

The set of chambers was immersed in a ~200 l tank, filled with seawater from the field site, maintained under in situ temperature (20°C) and constantly aerated. Each chamber’s upper lid with stirrer was elevated ~1 cm above the chamber’s edge, allowing circulation of aerated water within the whole system. Water circulation was enhanced by a submersible water pump placed at the bottom of the trough. The system was left to settle for 24 h before the experiment started. On the following day, one of the transparent cores was immediately sampled to provide background values (T = 0). The other cores were hermetically closed and received a pulse of 850 mmol NaH¹³CO₃, equivalent to a 10% ¹³C-labelling of the dissolved inorganic C (DIC) pool (1950 µmol l⁻¹), and 170 mmol Na¹⁵NO₃, equivalent to 95% labelling of the dissolved inorganic N (DIN) pool (<5 µmol l⁻¹) (Hedtkamp 2005). The 4 transparent cores were illuminated by artificial light, providing an irradiance of 185 µmol quanta m⁻² s⁻¹ at the sediment surface, which corresponded to measured in situ light intensities. Net primary production was estimated on the first day from the difference in oxygen increase in the light and oxygen decrease in the dark. Oxygen concentrations were measured using Winkler titrations (Grasshoff et al. 1999) of samples taken in the light (n = 3) and in the dark (n = 1) at t = 0, 2.1, 3.4 and 4.9 h, starting from the beginning of the illumination period. After 9 h, the light was switched off and the water column of the 5 cores was flushed twice to remove the added tracers and replaced with seawater from the study site. Care was taken to avoid disrupting the sediment surface. A 9:15 h light:dark cycle was kept during the 4 d of the experiment. The cores were always submerged in the trough to allow aeration and mixing of the water within the whole system, and were closed only during flux measurements.

At each time step after the labelling period (T = 1, 2, 3 and 4 d), just before the period of illumination, one core was removed from the trough and its sediment sampled as follows: 4 subsamples were taken from the core using 4 small core liners (3.56 cm diameter, ~10 cm²). For organic C and N, phospholipid-derived fatty acids (PLFA) and total hydrolysable amino acids (THAA) content and analysis, 3 cores were sliced into 0–1, 1–2, 2–3, 3–4, 4–5 and 5–10 cm, and layers of the same depth were pooled to limit the heterogeneity inherent to microbial communities in sandy sediments as much as possible. The remaining subsample core was sliced at 0–2, 2–4, 4–6, 6–8, 8–10 and 10–20 mm for pigment distribution analysis. All sediment samples were freeze-dried and stored in a freezer until analysis.

**Analyses and data handling.** Small fractions of the sediment samples were ground in agate mortars to obtain a fine and homogeneous sediment powder. Organic C (remaining after acidification) and N contents and their isotopic compositions (¹³C and ¹⁵N) were measured from those fractions using an elemental analyser (Carlo Erba/Fisons/Interscience) coupled via a ConFlo II interface to an isotope ratio mass spectrometer (EA-IRMS, Finnigan Delta S).

PLFA for all layers down to 5 cm were extracted from approximately 6 g of dry sediment per layer following the methods of Boschker et al. (1999) and Middelburg et al. (2000), and their concentrations were determined by gas chromatography with flame ionization detection (GC-FID, Carlo Erba HRGC mega 2 GC). PLFA stable C isotopic composition was determined by gas chromatography-combustion-isotope ratio mass spectrometry (GC-c-IRMS, Hewlett Packard 6890 GC...
coupled via a Thermo combustion interface III to a Thermo Delta Plus isotope ratio mass spectrometer. Bacterial and MPB C contents in the sediment were estimated from the PLFA concentrations. Bacterial biomass (Bac, mmol C m⁻²) was calculated from bacterial PLFA (PLFA_Bac) as Bac = PLFA_Bac/a, where a is the average PLFA concentration in bacteria (0.073 mmol of C PLFA per mmol of C bacteria for aerobic sediments; Brinch-Iversen & King 1990, Moodley et al. 2000). PLFABac was estimated from the bacteria-specific PLFA pool (PLFA_Bac-sp; iC14:0, iC15:0, aiC15:0 and iC16:0; specific of both heterotrophic and chemoautotrophic bacteria) as PLFABac = ΣPLFABac-sp/b, where b is the average fraction-specific bacterial PLFA (0.14 mmol of C bacterial-specific PLFA per mmol of carbon bacterial PLFA; Moodley et al. 2000). MPB biomass (expressed in mmol C m⁻²) was calculated from the difference between total PLFA (PLFA_All) and the PLFABac as MPB = ΣPLFA_All – PLFABac/c, where c is the average PLFA concentration in MPB (0.053 mmol of C PLFA per mmol MPB). We calculated c as the weighted average PLFA concentration in a mix of different phytoplankton monocultures similar to the MPB composition (Dijkman & Kromkamp 2006, N. A. Dijkman pers. comm.).

HAA concentrations and their ¹³C and ¹⁵N enrichment were measured for the 0–1 cm layer by GC-c-IRMS (Veuger et al. 2005, 2006). ¹³C and ¹⁵N incorporation into the bacterial-specific amino acid D-alanine (D-Ala) is expressed relative to that of total D + L-alanine (L-Ala is a stable constituent of the HAA pool of all organisms), as the ¹³C or ¹⁵N D/L-Ala incorporation ratio (¹³C or ¹⁵N incorporation in D-Ala/¹³C or ¹⁵N incorporation in D + L-Ala) to obtain an estimate of the bacterial contribution to total ¹³C and ¹⁵N incorporation.

Stable isotope data were expressed in delta notation (δ¹³C and δ¹⁵N, in ‰) relative to Vienna Pee Dee Belemnite (VPDB) for C and air for N. Following Maddi et al. (2006), we used the enrichment (δE notation, in ‰) as a measure of label enrichment:

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X_{\deltaE} = \left(\frac{\delta X_s + 1000}{\delta X_b + 1000} - 1\right) \times 1000
\]

where X is ¹³C or ¹⁵N, b is background (natural abundance) and s is sample (enriched). Atomic excess was defined as E = F_s – F_b, the difference between the stable isotope fraction of the sample and that of the background. F = R/(R + 1), where R is the stable isotope ratio calculated from the δ-value. R = (δX/1000 + 1) × RVPDB/Air, with RVPDB = 0.0111797 and RAir = 0.0036765. The incorporation, I = E × B, also defined as the total uptake of label by Middelburg et al. (2000), was expressed in mmol X m⁻², where B is the biomass (organic C, N, C-PLFA or C- and N-amino acid).

Pigment samples were analysed by reverse-phase HPLC (Barranguet et al. 1998), and data expressed in µg g sediment⁻¹. Relative fractions of MPB taxa were estimated using the CHEMTAX program (Mackey et al. 1996).

**RESULTS**

**MPB composition, biomass and production**

With ~4800 and 11 600 mmol C m⁻² for the top 2 and 5 cm of sediment, respectively, organic C content was relatively high (~0.21% of dry weight for the 0–1 cm layer). The vertical concentration profiles of pigments over the first 20 mm of sediment suggest a homogeneous distribution of MPB within the photic zone (i.e. the upper few mm) and below (Fig. 2). Average chlorophyll a (chl a) contents were 82 ± 10 and 793 ± 70 mg m⁻² in the top 2 and upper 20 mm, respectively, and did not significantly change over the course of the experiment. Pigment data relevant for MPB group identification are shown in Fig. 2a. Chlorophyll b (chl b) and lutein were not detected, indicating the absence of green algae. Chl a concentrations appeared to be correlated with fucoxanthin and, together with the presence of chlorophyll c (chl c) and diadinoxanthin, suggested that MPB was dominated by diatoms. This was confirmed by the output of the CHEMTAX analysis (Fig. 2b), indicating that
diatoms represented approximately 60 and 55% of the MPB for the depth layers 0–10 and 10–20 mm, respectively. Cyanobacteria accounted for approximately 30% of the MPB biomass and haptophytes (phytoplankton) contributed the remaining ~10%. Considering their small contribution and to simplify further discussion, we neglected the haptophytes and only diatoms and cyanobacteria were taken into account with proportions of 66 and 33%, respectively. Finally, primary production based on oxygen evolution was 1.68 mmol m$^{-2}$ h$^{-1}$.

**Label transfer**

$^{13}$C and $^{15}$N enrichment in bulk sediment was initially rapid and slightly decreased after Day 2 (Fig. 3a,b). Enrichment mainly occurred at the sediment surface with maximal $\delta^E$ values of 73 and 1220‰ for $^{13}$C and $^{15}$N, respectively, reached on Day 2. The deeper layers were much less enriched and, for the 1–2 cm layer, $^{13}$C and $^{15}$N enrichment maxima were reached on Day 3, which may be ascribed to the burial of labelled particulate organic matter due to pore water advection or bioturbation. The comparison of C and N uptake in light and dark cores on Day 4 showed a striking difference in label uptake between C and N: in contrast to C, N uptake also occurred in the dark. $^{15}$N dark enrichment reached 75% of the value measured for the light incubation.

PLFA $^{13}$C enrichment was significant and rapid from Day 1 on (Fig. 3c,d). Within the 0–1 cm layer (Fig. 3c), the diatom-specific biomarker C20:5$\omega$3 was the most abundant (data not shown) and the relatively strong enrichment reached a maximum of 67‰ on Day 2. The presence of C18:3$\omega$3 and C18:3$\omega$4 in the absence of green algae can be attributed to cyanobacteria. C18:3$\omega$3 and C18:3$\omega$4 enrichments were highest on Day 2 with $\delta^E$ values of 225 and 159‰, respectively. Cyanobacteria-related PLFAs of the underlying layer were far less enriched than in the 0–1 cm layer but increased slightly over time, suggesting gradual burial (Fig. 3d). However, the diatom-specific PLFA showed very low enrichment in the subsurface layers. MPB PLFA enrichment in the dark was negligible both at the sediment surface and deeper in the sediment (Fig. 3c,d). Bacterial-specific PLFAs at the sediment surface showed less $^{13}$C enrichment (only iC15:0 and aC15:0 were represented with a maximal $\delta^E$ of 12 and 8‰, respectively) than MPB and followed roughly the same enrichment pattern as the algal PLFAs, although they reached their maximum on Day 3 (Fig. 3c). The enrichment of bacterial PLFA for the 1–2 cm layer showed the opposite trend, with a maximum enrichment on Day 1 followed by a decrease over time (Fig. 3d). Enrichment in the dark was very low but noticeable, particularly in the 1–2 cm layer where the $\delta^E$ value for the bacterial PLFA aC15:0 was the highest of all bacterial-specific PLFAs, suggesting the presence of chemoautotrophic bacteria. In addition, from Day 3 on, a white biofilm was visible at the sediment surface in the centre of the cores where outflow of reduced pore water created an interface between anoxic sediment and the oxic water column. Underneath the white biofilm was a ~15 mm diameter black spot at the sediment surface, characteristic of reduced compounds, which contrasted with the rest of the brown sediment surface.

**C and N assimilation**

Bulk sediment incorporation of $^{13}$C and $^{15}$N showed similar dynamics (Fig. 4a,b). The incorporation between 5 and 10 cm depth was not significant (data not shown). While the enrichments presented in Fig. 3a,b clearly reflect the increase in stable isotope ratios due to label uptake, Fig. 4a,b shows the actual amounts of label uptake that were measured in the sediments over the 4 d course of the experiment. Total organic C and N concentrations did
Maximum $^{13}$C incorporation (2.23 mmol $^{13}$C m$^{-2}$) integrated over the upper 5 cm of sediment was greater than that of $^{15}$N (1.46 mmol $^{15}$N m$^{-2}$). On Day 1, after 9 h of labelling, there was no incorporation below 4 cm and the total depth-integrated incorporation was 1.55 mmol $^{13}$C m$^{-2}$. Considering that 10% of the DIC pool had been labelled and that all C remained in the sediment, i.e. respired $^{13}$C measured in the DIC was negligible compared to the sediment incorporation (data not shown) and there was no resuspension, the total C fixed was 1.72 mmol m$^{-2}$ h$^{-1}$. This is in excellent agreement with the oxygen flux measurements (1.68 mmol m$^{-2}$ h$^{-1}$) when considering a C fixation to oxygen production ratio of 1 (appropriate for a benthic community largely dominated by autotrophs) and confirms that C fixation was mostly caused by phototrophs with only a small contribution by chemoheterotrophic bacteria. Thus, very little $^{13}$C incorporation occurred in the dark (0.19 mmol $^{13}$C m$^{-2}$). In contrast, total depth-integrated $^{15}$N incorporation in the dark was similar to that in the light (0.82 and 0.99 mmol $^{15}$N m$^{-2}$, respectively).

MPB biomass increased with time from $\sim$2230 mmol C m$^{-2}$ at the beginning of the experiment to $\sim$4240 mmol C m$^{-2}$ on Day 4 (Fig. 4c). MPB incorporation of $^{13}$C based on PLFA ($I_{MPB}$, Fig. 4d) was significant and rapid, particularly within the 0–1 cm layer, and stabilized at $\sim$0.8 mmol $^{13}$C m$^{-2}$ for the top 5 cm of sediment. Although most of the incorporation was restricted to the sediment surface, the deeper layers (1–3 cm) showed a slight increase with time, confirming burial of MPB as suggested earlier. $^{13}$C incorporation into MPB in the light was 37 ± 10% of total $^{13}$C incorporation. MPB $^{13}$C incorporation in the dark was small at $\sim$1.5% of that in the light. Bacterial biomass was smaller than that of MPB and also increased over the course of the experiment (Fig. 4e). Bacterial $^{13}$C incorporation ($I_{Bac}$, Fig. 4f) was small but significantly increased to a maximum of 0.04 mmol $^{13}$C m$^{-2}$ on Day 4 and showed dynamics distinct from that of the MPB. Some $^{13}$C was incorporated by bacteria in the 0–1 cm layer, but most of the bacterial $^{13}$C incorporation occurred in the deeper layers, beginning on Day 1. The fact that, from the first day onwards, most of the label incorporation was found in the deeper layer and in the same proportion as the incorporation during dark incubation suggests that there was a direct uptake of $^{13}$C-bicarbonate by the bacterial community. The difference of $^{13}$C incorporation pathways of bacteria in the surface sediment and

Fig. 4. (a) $^{13}$C and (b) $^{15}$N incorporation ($I$) over time in bulk sediment for the different layers. MPB (c) biomass and (d) $^{13}$C incorporation, and bacterial (e) biomass and (f) $^{13}$C incorporation estimated from PLFA. (g) Bacteria to MPB $^{13}$C-atomic excess ratio over time in the 0–1 and 1–2 cm sediment layers. Shaded area shows values for dark incubation on Day 4 (4d)
those inhabiting deeper layers was further supported by the data shown in Fig. 4g. In the same way as enrichment, atomic excess, E, revealed the label incorporation regardless of biomass (i.e. incorporation normalized by the biomass; E = I/B) and the E_Bac:E_MPB ratio for 13C reflects the relative efficiencies of label uptake by bacteria and MPB. On Day 1, the ratio illustrated a higher labelling of MPB relative to bacteria at the surface, while the ratio for the 1–2 cm layer illustrated a higher labelling of bacteria relative to MPB. While the low and increasing ratio for the 0–1 cm layer from Day 1 on suggests a higher relative contribution of MPB 13C and a subsequent transfer of 13C to bacteria, a ratio greater than 1 on Day 1 and subsequently decreasing suggests an initial direct uptake of 13C-bicarbonate by bacteria, followed by a higher relative contribution of MPB 13C, possibly due to burial. This is consistent with increasing enrichment values for cyanobacterial PLFA as illustrated in Fig. 3d.

Finally, 13C and 15N incorporation into THAA was assessed for the 0–1 cm layer (Fig. 5a). 13C and 15N incorporation into THAA followed similar dynamics, but was much lower than incorporation into the bulk sediment (Fig. 4a,b). Conversely to bulk sediment, 13C incorporation in THAA was higher than that of 13C. D/L-Ala incorporation ratios for 13C and 15N were well above the racemisation background value of ~0.017 (representing d-Ala produced by racemisation during sample hydrolysis), implying a high contribution of bacteria to label incorporation (Fig. 5b).

DISCUSSION

The experiment presented here reveals pathways of C and N through the microbial communities of permeable marine sands in the photic zone. The use of stable C and N isotopes permitted quantification of the different microbial activities that lead to the incorporation of inorganic C and N into benthic biomass in these environments. The results show the dominance of photosynthetic C fixation and the independence of N assimilation from light conditions. The present study also highlights the role of EPS in the transfer of energy from MPB to the heterotrophic communities of photic subtidal sands.

Although the chambers used were suitable for in situ work, the experiment was conducted in the laboratory to (1) minimize potential losses of material, (2) prevent disturbance of the experimental settings by currents and waves and (3) facilitate periodic sampling. Extreme care was taken during sampling in the field to keep the sediment and its biogeochemical layering intact. The conditions of the laboratory experiment were designed to mimic the field conditions as closely as possible. The stirring in the chambers induced water percolation through the upper layers of the sediment as produced by bottom currents in the field. This percolation is critical for the natural metabolism in permeable subtidal sands because it dominates the solute exchange between the sediment and the overlying water column (Huettel et al. 1998, Huettel & Rusch 2000). The experimental incubations simulated pore water exchange, as it is induced by tidal currents and waves in the field, although the intensity represented a conservative value with respect to those found under in situ conditions. Tidal currents and waves can cause higher pressure gradients at the study site than the 0.2 Pa cm⁻¹ chosen for the experiment, and Cook & Roy (2006) showed that enhanced pore water percolation can increase benthic photosynthesis in subtidal sands due to the advective relief of CO₂ limitation in MPB. The light regime was similar to the average
measured by Wenzhofer & Glud (2004) under similar settings, and the water temperature was maintained close to in situ temperature. In contrast to intertidal areas, where similar labelling experiments can be carried out in situ and easily accessed for sampling on a daily basis (van Oevelen et al. 2006b, Veuger et al. 2006), subtidal permeable sediments need to be incubated in chambers allowing simulation of in situ flow conditions. The limited number of benthic chambers and associated hardware available as well as the work intensive and time consuming processing of the samples and associated high costs of the different analyses did not allow for extensive replication. Our approach is based on balancing replication with maximal resolution in the microbial compartments as well as simulating natural flow conditions. Although replication at a single time point might have allowed us to apply standard statistical analyses, we chose to follow a time-series approach because of the very low variance of the control (<1‰) and the high δ13C values. Moreover, in the absence of prior information about the relevant time scales of microalgal and bacterial dynamics in permeable sediments, we believed that this pilot study would be most instructive if a time-series approach was adopted. The systematic patterns observed from Days 1 to 4 provide some a posteriori confidence in our approach.

Sediment microbial community

Pigment analysis and PLFA data revealed that MPB biomass was homogeneously distributed at least within the top 2 and 5 cm of the sediment. These results support previous studies, which showed that large quantities of living MPB can be found as deep as 20 cm in sandy sediments (Steele & Baird 1968, Jeness & Duineveld 1985). In sandy sediments, living microalgae include not only BMA but also some phytoplankton (Steele & Baird 1968). This could explain the presence of haptophytes in the sediment, which likely settled onto the sediment after a bloom prior to the experiment. Although diatoms dominated the MPB biomass (~60%), the sediment composition also revealed a large fraction of cyanobacteria, which represented ~30% of MPB biomass. While one might argue the accuracy of the method used to obtain these estimates (i.e. CHEMTAX analysis instead of cell counts), cyanobacterial presence was confirmed by microscopic observations. The rather large proportion of cyanobacteria was consistent with previous studies that have reported abiotic factors like high temperatures and coarse sediment to be favourable conditions for cyanobacterial development (Watermann et al. 1999).

Based on the often used C:chl a ratio of 40 (de Jonge 1980), MPB biomass of the 0–1 cm layer would have been overestimated (~2600 mmol C m⁻²). More recent estimates based on a broader range of phytoplankton cultures suggest a ratio of 34 (N. A. Dijkman pers. comm.). This value was estimated from the same cultures used to estimate MPB PLFA concentrations (Dijkman & Kromkamp 2006, N. A. Dijkman pers. comm.) and would imply a MPB biomass of about 2250 mmol C m⁻², still well above the 1016 to 1849 mmol C m⁻² range estimated from PLFA from Day 0 to Day 4 for the top 2 cm of sediment. Both methods used to estimate MPB biomass are based on conversion factors derived from cultures of planktonic microalgae and cyanobacteria (Brinch-Iversen & King 1990, Dijkman & Kromkamp 2006, N. A. Dijkman pers. comm.) and perhaps are not representative of natural communities and benthic primary producers. These estimates for MPB in subtidal permeable sediments are high, but within the range of biomass found in sheltered silty intertidal areas (Sundback et al. 1991, Underwood & Kromkamp 1999, Middelburg et al. 2000, Cook et al. 2004a). They are, however, significantly higher than estimates reported for subtidal sandy sediments (Sundback et al. 1991, Cahoon 1999).

Algal production, EPS exudation and transfer to bacteria

MPB production based on changes in oxygen concentration in light–dark incubations and on the 13C incorporation in bulk sediment over the first day led to very similar results (1.68 and 1.72 mmol C m⁻² h⁻¹, respectively). MPB production in subtidal sediment was similar to that reported for sandy and silty intertidal sediments for the same period of the year (Baranquet et al. 1998). However, extrapolating to a daily production with 12 h daylight, MPB production (~20 mmol C m⁻² d⁻¹) was slightly lower than that measured in 2 shallow subtidal sediments investigated in the summer (Sundback et al. 1996) as well as that measured in situ at deeper sandy sediment sites on the South Atlantic Bight (Jahnke et al. 2000). Our results are also lower than the average value proposed by Cahoon (1999) from a compilation of data from various shallow subtidal locations, which showed extreme variability (bear in mind that those data were extrapolated to yearly production). Overall, the primary production (~20 mmol C m⁻² d⁻¹) during our experiment was low despite a high biomass (1000 to 2250 mmol C m⁻² based on chl a and PLFA, respectively), implying a relatively low turnover for MPB, i.e. high biomass to production ratios (~50 to 100). These biomass to production ratios are at the higher end of reported values.
for sandy sediments (2 to 44 d; Sundback et al. 1996). This might suggest that growth conditions were not favourable at the time of the experiment and that the large standing stock of MPB is likely the result of significant previous blooms. Light was unlikely to have been limiting as the irradiance was set to that observed in the field at the sampling site and the experiment took place in the summer. Instead, nutrient conditions might have been limiting. This is supported by the significant fraction of primary production allocated to the exudation of EPS (see below). In addition, our data are consistent with those of Cook et al. (2007a), who showed that, in similar sediment under nutrient-replete conditions, primary production was at least twice as high.

Our data revealed some insights into the complex dynamics of the allocation of fixed C. While total C fixation was assessed by quantifying bulk sediment incorporation of $^{13}$C (Fig. 4a), the part allocated to microbial biomass was estimated with 2 independent methods: via incorporation into PLFA (Fig. 4d,f) and THAA (Fig. 5a). Maximum enrichments were observed on Day 2; following this, $^{13}$C incorporation into THAA accounted for 10% of bulk sediment incorporation and 28% of total microbial biomass incorporation estimated from PLFA. THAAs are considered to contribute ~45% to microalgal biomass (Brown 1991, Cowie & Hedges 1992) and ~50% to bacterial biomass (Simon & Azam 1989, Cowie & Hedges 1992). Therefore, we derived a $^{13}$C_THAA:$^{13}$C_Biomass ratio of 0.46 (mol: mol) from the relative contributions of BMA (diatoms) and bacteria (both hetero- and autotrophic), allowing us to estimate microbial $^{13}$C incorporation. In addition to the $^{13}$C incorporation by the microbial compartment, a fraction of C fixation was very quickly transferred from primary producers to meiofauna and macrofauna (Evrard 2007). However, the faunal component can be neglected for the following interpretations because the maximum meiofauna $^{13}$C assimilation represented ~10 µmol m$^{-2}$ for the 0–1 cm sediment layer. Moreover, total respired $^{13}$C, estimated from measurements of $^{13}$C-DIC releases, was almost 2 orders of magnitude smaller than the $^{13}$C assimilation in the meiofauna (Evrard 2007), and all macrofauna were handpicked and pulled out of the sediment samples before analysis and therefore were not part of the C content measured. Therefore, we estimate that on Day 2, 38% (based on PLFA measurements) or 23% (based on THAA measurements) of the C was allocated to growth of microbial biomass. In other words, between 62 and 77% of the C fixed did not result in biomass formation, but was diverted to exudation of EPS. These results should be considered approximate given the dependence on conversion factors that are based on microbial cultures. Nevertheless, they unequivocally stress that, in our experiment, MPB allocated a major part of its production to the synthesis of EPS. Our findings confirm previous observations made in intertidal areas suggesting that 42 to 73% of C fixation can be excreted (Smith & Underwood 1998, Goto et al. 1999, Middelburg et al. 2000, de Brouwer & Stal 2001). Recently, Cook et al. (2007a), using similar permeable sediments in mesocosm experiments, reported that 50% of the fixed C was exuded in both nutrient-deplete as well as nutrient-replete conditions. In natural conditions, MBP exudation of EPS is significantly higher than that of phytoplankton (Goto et al. 1999) and can therefore provide a substantial substrate for benthic bacteria (Middelburg et al. 2000).

Heterotrophic bacteria living in sandy sediments are attached to sand grains and many of them grow close to active MPB (Huettel et al. 2003). While the response of heterotrophic bacteria on phytodetritus has been studied in permeable sediments (Sundback et al. 1996, Huettel et al. 2003, Buhring et al. 2006), little is known about the links between MPB and heterotrophic bacteria. In our experiment, MPB biomass was high, there was no apparent sign of MPB detritus (absence of phaeopigments), and about 62 to 77% of C fixation was directed to EPS. These conditions explain the immediate and continuous incorporation of $^{13}$C into bacterial biomass at the sediment surface (Fig. 4f,g) and support the findings of previous studies which have demonstrated the strong affinity of bacteria for labile organic C from colloidal sources (Middelburg et al. 2000, Goto et al. 2001, van Oevelen et al. 2006a). However, the relatively low $^{13}$C incorporation by bacteria, despite the large fraction of exuded EPS, hampers the determination of the actual total C assimilation. It is important to take into account the label dilution (10% of the ‘freshly’ produced EPS) within the pool of EPS readily available to the heterotrophic bacteria. For example, on Day 2 at the maximum enrichment, assuming that EPS incorporation was 1.12 mmol $^{13}$C m$^{-2}$ for the 0–1 cm layer (difference of incorporation between bulk sediment and microbial compartment estimated from PLFA), we derived a total EPS production of 11.2 mmol C m$^{-2}$ (DIC pool was 10% labelled). The EPS standing stock estimated from the difference between sediment organic C content (2400 mmol C m$^{-2}$), MPB and bacterial biomass (732 and 130 mmol C m$^{-2}$, respectively, estimated from PLFA) was 1538 mmol C m$^{-2}$. Thus, the EPS $^{13}$C-labelled fraction was 1.12/(1538 + 11.2) = 6.45 × 10$^{-4}$. Considering that bacterial $^{13}$C incorporation on Day 2 was 0.013 mmol $^{13}$C m$^{-2}$ for the 0–1 cm layer, and assuming that bacteria relied exclusively on EPS as their substrate, we obtain a bacterial secondary production of 0.013/6.45 10$^{-4}$ = 20.1 mmol C m$^{-2}$ d$^{-1}$. Although this bacterial secondary production estimate should be considered approximate at best, it
clearly highlights the high bacterial activity taking place in permeable sediments. Based on a bacterial biomass of 130 mmol C m\(^{-2}\) (estimated from PLFA) and the secondary production, we derive a turnover of \(-0.15\) d\(^{-1}\), which is twice that found on an exposed sandy beach (Koop & Griffiths 1982), and within the range reported for muddy and sandy coastal sands in the Mediterranean (Luna et al. 2002). Similar calculations for Day 1 yield significantly lower turnover rates, perhaps reflecting a delay related to the activation of ‘dormant’ bacteria (Luna et al. 2002). Contrary to the bacteria to MPB \(^{13}\)C-atomic excess ratio observed at the sediment surface (Fig. 4g), the deeper layer showed an opposite trend suggesting a different \(^{13}\)C incorporation pathway.

**Chemoautotrophy**

The dark incubation showed significant incorporation of \(^{13}\)C with higher incorporation into the deeper layer (Fig. 4a), although this was relatively low compared to that found in the light incubations. Because no photosynthesis took place in the dark core, incorporation could either be fuelled by an exogenous source of labelled organic matter (contamination of the dark cores by labelled substrate originating from cores in the light) or from direct incorporation of inorganic \(^{13}\)C into the microbial compartment by anapleurotic \(^{13}\)C fixation or chemoautotrophy. Transfer of labelled DOC within cores due to resuspension was negligible as demonstrated by Cook et al. (2007a). Anapleurotic \(^{13}\)C fixation might have occurred, but cannot explain the incorporation of \(^{13}\)C in PLFA in the dark (Boschker & Middelburg 2002), indicating that chemoautotrophy was involved.

This is supported by immediate bulk sediment incorporation of \(^{13}\)C in the deeper layers well below the photic zone, which we could not attribute to \(^{13}\)C assimilation from buried \(^{13}\)C-labelled EPS, but could attribute to direct \(^{13}\)C-DIC fixation through chemoautotrophy. This is supported by the PLFA data showing that most dark and subsurface \(^{13}\)C enrichment occurred in bacterial-specific biomarkers (Fig. 3d). Although EPS may be transported into deeper layers and metabolized by bacteria very quickly, it is unlikely that burial alone would be responsible for all the incorporation in the deeper layers. Chemoautotrophic \(^{13}\)C fixation is also consistent with the incorporation profile, showing more bacterial \(^{13}\)C in the deeper layers (1–5 cm) than at the sediment surface (Fig. 4f), and also by the opposite trend of the bacteria to MPB \(^{13}\)C-atomic excess ratio for the 0–1 and 1–2 cm layers (Fig. 4g). Little is known about chemoautotrophy in permeable sediments and its co-occurrence with heterotrophic bacterial activity, but the importance of the coupling between chemoautotrophy and heterotrophy has previously been shown for muddy sediments (Kepkay & Novitsky 1980). Nevertheless, chemoautotrophy remained relatively low compared to bacterial heterotrophy (\(-1\%\) if we consider that chemoautotrophic bacteria were \(10\%\) labelled, as was their substrate). Our findings support previous evidence of the contribution of chemoautotrophy to \(^{13}\)C fixation in subsurface sandy sediments (Thomsen & Kristensen 1997). Parallel experiments at the study site also showed a large HCl-extractable \(\text{Fe}^{2+}\) pool (presumably associated with reduced sulphides), which was rapidly re-oxidised when the sediments were exposed to oxygen, supporting the hypothesised presence of an active chemoautotrophic community (Cook et al. 2007b).

**C fixation vs. N assimilation**

Although the bulk sediment showed similar patterns of \(^{13}\)C and \(^{15}\)N incorporation both in dynamics and amplitude, one has to consider the labelled fraction in each pool. The DIC pool was \(10\%\) \(^{13}\)C-labelled, while the N pool was \(-95\%\) labelled because there was almost no dissolved N in the overlying water and pore water DIN of the first 5 cm of sediment was negligible compared to the quantity added (Hedtkamp 2005). The measurements of bulk sediment C and N incorporation revealed that the average C:N ratio of assimilation was 12.6, which is much larger than expected for microbial growth and hints at a large EPS production. If we attribute all N assimilation to MPB biomass (i.e. assuming that EPS does not contain N), and combine this with C fixation from the PLFA data (MPB C biomass), the C:N ratio of assimilation varied from 5.4 to 6.8, values close to the Redfield ratio. Similar to the \(^{13}\)C incorporation into THAA, \(^{15}\)N incorporation into THAA was less than that of the bulk sediment incorporation but represented a higher relative contribution of \(32\%\) ± 4\%.

The difference between \(^{13}\)C and \(^{15}\)N incorporation in THAA relative to the incorporation in bulk sediments is consistent with the fact that \(N_{\text{THAA}}/N_{\text{Biomass}}\) is higher than \(C_{\text{THAA}}/C_{\text{Biomass}}\) (Cowie & Hedges 1992). Finally, the assimilation C:N ratio based on the THAA did not vary and had an average value of 5.2. Both the PLFA and THAA based approaches are consistent with Redfield ratios for microbial growth and significant allocation of fixed C to EPS.

The most remarkable difference observed between C and N fixation was the incorporation in the dark incubation. While \(^{13}\)C fixation in the dark was predominantly limited to chemoautotrophy, total \(^{15}\)N fixation in the dark was \(-90\%\) of the light–dark incubation on Day 4. Diurnal variations in C and N assimilation by
planktonic communities have been the subject of numerous studies (Berges et al. 1995, Clark et al. 2002, Needoba & Harrison 2004, Holl & Montoya 2005). Phytoplankton fixes C during light exposure, but can assimilate nitrate in the light as well as in the dark (Dugdale & Goering 1967). To our knowledge, dark assimilation of nitrate by MPB has only been suggested in the literature a few times (Sundback & Snoeij 1991, Rysgaard et al. 1993, Cook et al. 2004b). Bacteria (with low C:N ratio) can also assimilate inorganic N to balance the high C:N ratio of their substrate (Goldman & Dennett 2000). Given that heterotrophic bacteria in subtidal permeable sediments rely primarily on EPS, one might expect significant bacterial N uptake (Kirchman & Wheeler 1998, Allen et al. 2001, Van den Meersche et al. 2004). The present study is the first to report such a high assimilation of nitrate in the dark through assessing the actual 15N incorporation into biomass via THAA rather than bulk sediment. Future research might determine the relative contribution of diatoms and cyanobacteria to nitrate assimilation and unravel whether incorporation occurs directly as nitrate or as ammonium following dissimilatory nitrate reduction.

13C and 15N incorporation in d-Ala

While THAA is informative of the biomass of all living organisms in the sediment, d-Ala provides a tool to assess the significance of bacteria. d-Ala, contrary to 1-Ala, which is found in all living organisms, is only present in the biomass of prokaryotes (primarily peptidoglycan). Therefore, incorporation of 13C and 15N into d-Ala can be attributed to assimilation by heterotrophic bacteria (Hbac), chemoheterotrophic bacteria (Cbac) or cyanobacteria. d-Ala is the only biomarker which allows researchers to trace the fate of N through all microbial compartments.

The 13C and 15N d/l-Ala incorporation ratios (Fig. 5b) provide a direct indication of the contribution of prokaryotes/bacteria (i.e. Hbac, Cbac and cyanobacteria) to total microbial (i.e. prokaryotes/bacteria + BMA) 13C and 15N incorporation. For 13C, the low incorporation into PLFA Bac-OP indicates that 13C incorporation into microbial biomass was dominated by MPB. Therefore, the measured 13C d/l-Ala ratios of incorporation are consistent with the uptake of 13C by BMA (~0.017, around racemisation background, as BMA do not contain d-Ala) and cyanobacteria (~0.1) (Veuger et al. 2005). The average 13C d/l-Ala ratio of incorporation of 0.046 indicates that cyanobacteria contributed ~35% of the total 13C incorporation, leaving a ~65% contribution for BMA. These contributions are in excellent agreement with their relative biomass based on pigment analyses (Fig. 2).

Interpretation of the 15N d/l-Ala ratios of incorporation is less straightforward, as these values may also include a significant contribution by Hbac and/or Cbac (d/l-Ala ratios between 0.05 and 0.1) (Veuger et al. 2005). Therefore, we can only derive an estimate of the prokaryotic (cyanobacteria + Hbac + Cbac) contribution to total 15N incorporation (prokaryotes + BMA), which was 23 to 58%.

The present study illustrates some of the complex interactions within the microbial compartments in shallow, subtidal, sandy sediment in the photic zone. Our experiment was limited to a 4 d period and based on limited replication; thus, it requires follow-up before definite conclusions can be drawn. However, the combined isotope–biomarker approach clearly revealed that the majority of the C fixed by MPB (diatoms and cyanobacteria) was diverted to the production of EPS, and this EPS in turn served as a substrate for heterotrophic bacteria.

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